



1

Newquay

Cornwall's surfing capital is famous for its golden beaches, dramatic coastline and lively town centre. Whether you're catching waves at Fistral Beach, exploring independent shops or enjoying fresh seafood, Newquay is the perfect destination for a day out.



2

Watergate Bay

Renowned for its stunning two-mile stretch of golden sand, Watergate Bay is a haven for surfers, walkers and beach lovers alike. Enjoy breathtaking coastal views, watersports or simply relax and take in the fresh sea air.



3

Cornwall Airport Newquay

Your gateway to Cornwall and beyond, Cornwall Airport Newquay offers convenient flights to destinations across the UK and Europe. With regular bus connections, getting to and from the airport is simple and stress-free.



4

Mawgan Porth

Set between Newquay and Padstow, Mawgan Porth is a beautiful coastal village with a wide sandy beach, dramatic cliffs and excellent walking routes. It's the perfect place to unwind and experience Cornwall's natural beauty.



5

Constantine

Nestled in the peaceful Cornish countryside, Constantine is a charming village with a welcoming community and easy access to scenic walks and beautiful rural landscapes. It's an ideal stop for those looking to experience traditional Cornwall.



6

Harlyn

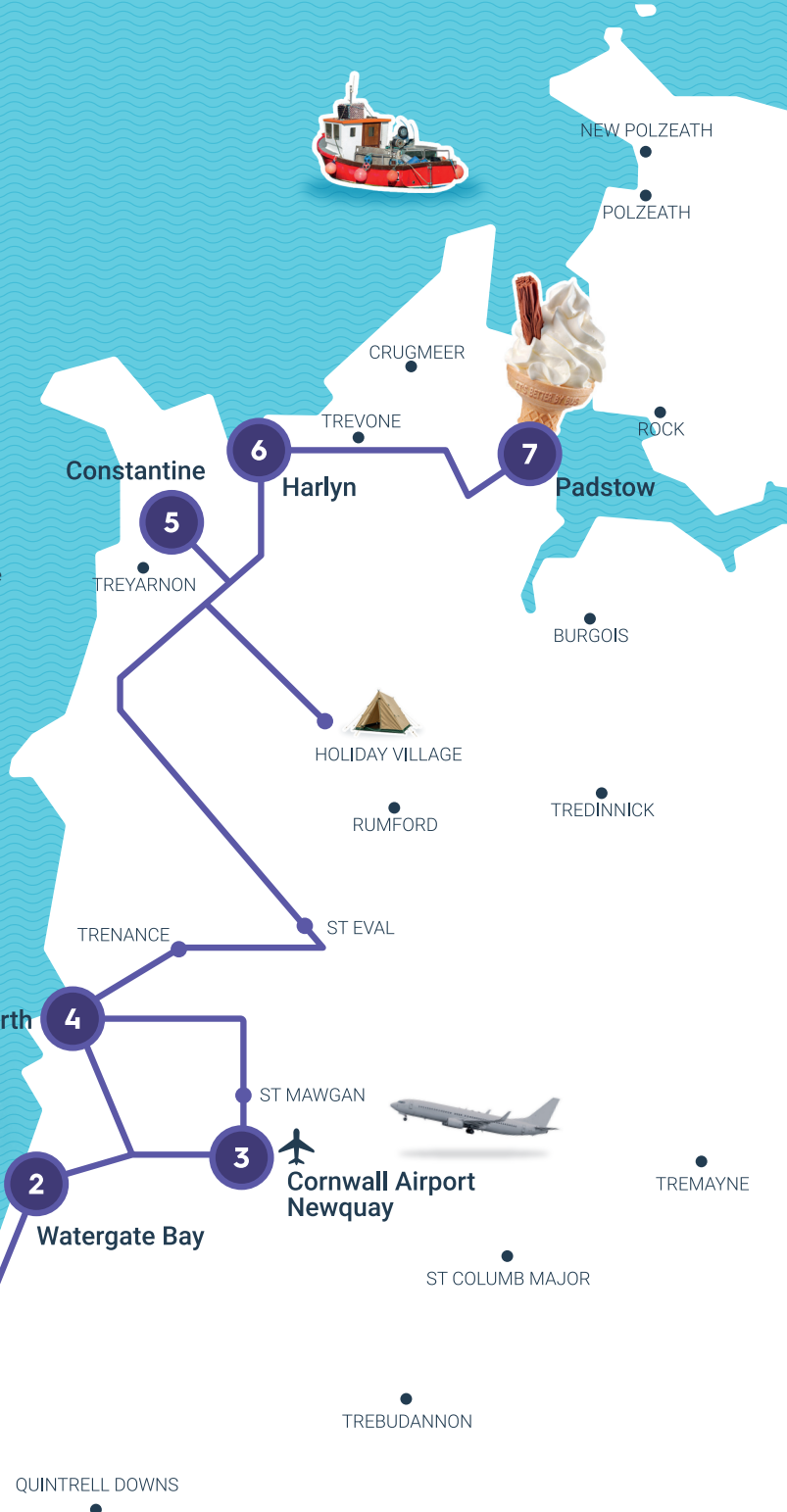
A favourite with families and beginner surfers, Harlyn Bay offers a beautiful sheltered beach with soft sand and crystal-clear waters. It's the perfect place for swimming, rock pooling and enjoying Cornwall's spectacular coastline.



7

Padstow

This picturesque fishing harbour is one of Cornwall's most popular destinations. Wander the charming streets, enjoy award-winning restaurants, browse independent shops or take in the stunning views along the Camel Estuary.



It's better by bus!

For full bus times visit
www.transportforcornwall.co.uk



56

Newquay, Cornwall Airport Newquay & Padstow

via Watergate Bay | Constantine
Summer Bus Service | 26th July - 31st August 2026



It's better by bus!

GO CORNWALL **BUS**
Part of GoAhead

Delivering
Transport for Cornwall
Karyans rag Kernow

MONDAY - FRIDAY

Towards Padstow		56	56	56	56	56	56	56	56	56	56
1	Newquay, Bus Station	0630	0900	1000	1100	1200	1300	1400	1510	1615	1715
	Newquay, Great Western Hotel	0634	0904	1008	1108	1208	1308	1408	1518	1623	1723
	Newquay, Porth Four Turns	0638	0908	1013	1113	1213	1313	1413	1523	1628	1728
	Porth, Car Park	0641	0911	1016	1116	1216	1316	1416	1526	1631	1731
2	Watergate Bay, The Phoenix	0646	0916	1022	1122	1222	1322	1422	1532	1637	1737
	Tregurrian, Post Box	0649	0919	1025	1125	1225	1325	1425	1535	1640	1740
	Trevarrian, Travellers Rest	...	...	...	...	...	...	...	...	...	...
3	St Mawgan, Newquay Airport	0653	0930	1033	1133	1233	1333	1433	1543	1648	1748
	Trevarrian, Travellers Rest	0657	0932	1035	1135	1235	...	1435	...	1650	1750
	St Mawgan, The Falcon Inn	...	...	...	...	...	1337	...	1547	...	...
4	Mawgan Porth, Pitch and Putt	...	...	...	...	...	1347	...	1557	...	...
	Mawgan Porth, Betty's Shop	0700	0935	1038	1138	1238	...	1438	...	1653	1753
	St Eval, bus shelter	0706	0941	1044	1144	1244	1352	1444	1602	1659	1759
	Treburrick, Old MacDonalds Farm	0712	0949	1052	1152	1252	1400	1452	1610	1707	1807
	Porthcothan, Porthcothan Bay Stores	0715	0952	1055	1155	1255	1403	1455	1613	1710	1810
	Penrose, St Merryn Holiday Village	...	1003	...	...	...	...	...	...	...	...
5	Constantine Bay, Constantine Bay Surf Stores	0726	1015	1110	1210	1310	1418	1510	1628	1725	1825
	St Merryn, Farmers Arms Car Park	0730	1019	1114	1214	1314	1422	1514	1632	1729	1829
6	Harlyn, Harlyn Bridge	0735	1025	1120	1220	1320	1428	1520	1638	1735	1835
	Windmill, Trevone Turn	0738	1028	1123	1223	1323	1431	1523	1641	1738	1838
	Padstow, Tesco	0742	1032	1127	1227	1327	1435	1527	1645	1742	1842
7	Padstow, Padstow Bus Terminus	0747	1035	1130	1230	1330	1438	1530	1648	1745	1845

Towards Newquay		56	56	56	56	56	56	56	56	56	56	56
7	Padstow, Padstow Bus Terminus	0650	0840	0940	1040	1140	1240	1340	1445	1550	1700	1800
	Padstow, Tesco	0654	0844	0942	1042	1142	1242	1342	1447	1552	1702	1802
	Windmill, Trevone Turn	0658	0848	0945	1045	1145	1245	1345	1450	1555	1705	1805
6	Harlyn, Harlyn Bridge	0701	0851	0949	1049	1149	1249	1349	1454	1559	1709	1809
	St Merryn, Farmers Arms Car Park	0705	0855	0954	1054	1154	1254	1354	1459	1604	1714	1814
5	Constantine Bay, Constantine Bay Surf Stores	0711	0901	1003	1103	1203	1303	1403	1508	1613	1723	1823
	Penrose, St Merryn Holiday Village	...	...	...	...	...	...	1413	...	...	...	...
	Porthcothan, Porthcothan Bay Stores	0721	0911	1012	1112	1212	1312	1422	1517	1622	1732	1832
	Treburrick, Old MacDonalds Farm	0724	0914	1014	1114	1214	1314	1424	1519	1624	1734	1834
	Treburrick, Tonkins Garage	0725	0915	1015	1115	1215	1315	1425	1520	1625	1735	1835
	St Eval, bus shelter	0731	0921	1021	1121	1221	1321	1431	1526	1631	1741	1841
4	Mawgan Porth, Betty's Shop	...	...	1027	1127	1227	1327	1437	1532	1637	1747	1847
	Mawgan Porth, Pitch and Putt	0737	0927	...	...	...	...	...	...	...	...	...
	St Mawgan, The Falcon Inn	0745	0935	...	...	...	...	...	...	...	...	...
	Trevarrian, Travellers Rest	...	...	1032	1132	1232	1332	1442	1537	1642	1752	1852
3	St Mawgan, Newquay Airport	0755	0945	1040	1140	1240	1340	1450	1545	1650	1800	1900
	Trevarrian, Travellers Rest	0757	0947	...	...	...	...	...	...	...	...	...
	Tregurrian, Post Box	0801	0951	1043	1143	1243	1343	1453	1548	1653	1803	1903
2	Watergate Bay, The Phoenix	0804	0954	1046	1146	1246	1346	1456	1551	1656	1806	1906
	Porth, Car Park	0810	1000	1052	1152	1252	1352	1502	1557	1702	1812	1912
	Newquay, Porth Four Turns	0814	1004	1055	1155	1255	1355	1505	1600	1705	1815	1915
	Newquay, Railway Station	0818	1008	1102	1202	1302	1402	1512	1607	1712	1822	1922
1	Newquay, Bus Station	0826	1016	1117	1217	1317	1417	1520	1622	1727	1833	1930

SATURDAY

Towards Padstow		56	56	56	56	56	56	56	56	56	56	56
1	Newquay, Bus Station	0700	0900	1000	1100	1200	1300	1400	1510	1615	1715	
	Newquay, Great Western Hotel	0704	0904	1008	1108	1208	1308	1408	1518	1623	1723	
	Newquay, Porth Four Turns	0708	0908	1013	1113	1213	1313	1413	1523	1628	1728	
	Porth, Car Park	0711	0911	1016	1116	1216	1316	1416	1526	1631	1731	
2	Watergate Bay, The Phoenix	0716	0916	1022	1122	1222	1322	1422	1532	1637	1737	
	Tregurrian, Post Box	0719	0919	1025	1125	1225	1325	1425	1535	1640	1740	
3	St Mawgan, Newquay Airport	0723	0930	1033	1133	1233	1333	1433	1543	1648	1748	
	Trevarrian, Travellers Rest	0727	0932	1035	1135	1235	...	1435	...	1650	1750	
	St Mawgan, The Falcon Inn	...	...	...	...	...	1337	...	1547	...	...	
4	Mawgan Porth, Pitch and Putt	...	...	...	...	...	1347	...	1557	...	...	
	Mawgan Porth, Betty's Shop	0730	0935	1038	1138	1238	...	1438	...	1653	1753	
	St Eval, bus shelter	0736	0941	1044	1144	1244	1352	1444	1602	1659	1759	
	Treburrick, Old MacDonalds Farm	0742	0949	1052	1152	1252	1400	1452	1610	1707	1807	
	Porthcothan, Porthcothan Bay Stores	0745	0952	1055	1155	1255	1403	1455	1613	1710	1810	
	Penrose, St Merryn Holiday Village	...	1003	...	...	...	...	...	...	...	...	
5	Constantine Bay, Constantine Bay Surf Stores	0756	1015	1110	1210	1310	1418	1510	1628	1725	1825	
	St Merryn, Farmers Arms Car Park	0800	1019	1114	1214	1314	1422	1514	1632	1729	1829	
6	Harlyn, Harlyn Bridge	0805	1025	1120	1220	1320	1428	1520	1638	1735	1835	
	Windmill, Trevone Turn	0808	1028	1123	1223	1323	1431	1523	1641	1738	1838	
	Padstow, Tesco	0812	1032	1127	1227	1327	1435	1527	1645	1742	1842	
7	Padstow, Padstow Bus Terminus	0817	1035	1130	1230	1330	1438	1530	1648	1745	1845	

Towards Newquay		56	56	56	56	56	56	56	56	56	56	56	56
7	Padstow, Padstow Bus Terminus	0650	0840	0940	1040	1140	1240	1340	1445	1550	1700	1800	1850
	Padstow, Tesco	0654	0844	0942	1042	1142	1242	1342	1447	1552	1702	1802	1852
	Windmill, Trevone Turn	0658	0848	0945	1045	1145	1245	1345	1450	1555	1705	1805	1855
6	Harlyn, Harlyn Bridge	0701	0851	0949	1049	1149	1249	1349	1454	1559	1709	1809	1859
	St Merryn, Farmers Arms Car Park	0705	0855	0954	1054	1154	1254	1354	1459	1604	1714	1814	1904
5	Constantine Bay, Constantine Bay Surf Stores	0711	0901	1003	1103	1203	1303	1403	1508	1613	1723	1823	1913
	Penrose, St Merryn Holiday Village	...	...	...	...	...	...	1413	...	...	...	...	...
	Porthcothan, Porthcothan Bay Stores	0721	0911	1012	1112	1212	1312	1422	1517	1622	1732	1832	1922
	Treburrick, Old MacDonalds Farm	0724	0914	1014	1114	1214	1314	1424	1519	1624	1734	1834	1924
	Treburrick, Tonkins Garage	0725	0915	1015	1115	1215	1315	1425	1520	1625	1735	1835	1925
	St Eval, bus shelter	0731	0921	1021	1121	1221	1321	1431	1526	1631	1741	1841	1931
4	Mawgan Porth, Betty's Shop	...	...	1027	1127	1227	1327	1437	1532	1637	1747	1847	1937
	Mawgan Porth, Pitch and Putt	0737	0927	...	...	...	...	...	...	...	...	...	...
	St Mawgan, The Falcon Inn	0745	0935	...	...	...	...	...	...	...	...	...	...
	Trevarrian, Travellers Rest	...	...	1032	1132	1232	1332	1442	1537	1642	1752	1852	1942
3	St Mawgan, Newquay Airport	0755	0945	1040	1140	1240	1340	1450	1545	1650	1800	1900	1950
	Trevarrian, Travellers Rest	0757	0947	...	...	...	...	...	...	...	...	...	...
	Tregurrian, Post Box	0801	0951	1043	1143	1243	1343	1453	1548	1653	1803	1903	1953
2	Watergate Bay, The Phoenix	0804	0954	1046	1146	1246	1346	1456	1551	1656	1806	1906	1956
	Porth, Car Park	0810	1000	1052	1152	1252	1352	1502	1557	1702	1812	1912	2002
	Newquay, Porth Four Turns	0814	1004	1055	1155	1255	1355	1505	1600	1705	1815	1915	2005
	Newquay, Railway Station	0818	1008	1103	1203	1303	1403	1513	1608	1713	1822	1922	2012
1	Newquay, Bus Station	0826	1016	1118	1218	1318	1418	1528	1623	1728	1830	1930	2020

SUNDAY

Towards Padstow		56	56	56	56	56
1	Newquay, Bus Station	0925	25	1625	1720	
	Newquay, Great Western Hotel	0928	30	1630	1725	
	Newquay, Porth Four Turns	0933	35	1635	1728	
	Porth, Car Park	0936	38	1638	1730	
2	Watergate Bay, The Phoenix	0942	44	1644	1735	
	Tregurrian, Post Box	0944	46	1646	1737	
3	St Mawgan, Newquay Airport	0954	54	1654	1745	
	Trevarrian, Travellers Rest	0957	58	1658	1748	
4	Mawgan Porth, Betty's Shop	1000	01	1701	1751	
	St Eval, bus shelter	1006	08	1708	1757	
	Treburrick, Old MacDonalds Farm	1013	15	1715	1804	
	Porthcothan, Porthcothan Bay Stores	1016	17	1717	1806	
5	Constantine Bay, Constantine Bay Surf Stores	1029	29	1729	1818	
	St Merryn, Farmers Arms Car Park	1034	34	1734	1823	
6	Harlyn, Harlyn Bridge	1039	40	1740	1826	
	Windmill, Trevone Turn	1044	45	1745	1829	
	Padstow, Tesco	1048	49	1749	1833	
7	Padstow, Padstow Bus Terminus	1050	51	1751	1835	

Towards Newquay		56	Then Every Hour at	56	Until	56	56	56	
Padstow, Padstow Bus Terminus	0925	00		1700		1800	1845		
Padstow, Tesco	0929	04		1703		1804	1848		
Windmill, Trevone Turn	0932	07		1706		1807	1851		
Harlyn, Harlyn Bridge	0936	11		1709		1811	1854		
St Merryn, Farmers Arms Car Park	0941	16		1714		1816	1859		
Constantine Bay, Constantine Bay Surf Stores	0948	23		1721		1823	1906		
Porthcothan, Porthcothan Bay Stores	0957	32		1730		1832	1915		
Treburric, Old MacDonalds Farm	1000	35		1732		1835	1917		
St Eval, bus shelter	1009	44		1741		1844	1926		
Mawgan Porth, Betty's Shop	1017	52		1747		1852	1932		
Trevarrian, Travellers Rest	1020	55		1750		1855	1935		
St Mawgan, Newquay Airport	1027	02		1757		1902	1942		
Tregurrian, Post Box	1031	06		1801		1906	1946		